



VOLUNTEER DESCRIPTIONS

Please review this list and indicate on the attached form which position(s) you are interested in.
If you need additional information or have any questions, please call (206) 215-6700 or send email summerun@swedish.org.

COURSE MONITOR

50 Volunteers

Time Commitment: 6:30 – 11:00am

Assist with course set-up and ensure safety of the participants. Direct runners/walkers and control minor intersections as needed or as directed by the Seattle Police Department. **Cheer for and support all SummeRun participants!** *Requires standing for long periods of time. Maps and detailed course monitor instructions will be provided before the event.*

WATER STATIONS

15 Volunteers

Time Commitment: 6:40 – 11:00am

Man water stations on the race course. Fill cups, hand water to the runners, tear-down and clean-up area. **Cheer for and support all SummeRun participants!**

POST- EVENT AREA

12 Volunteers

Time Commitment: 7:00 – 11:00am

Set-up of signs, banners, tables, food product and then breakdown and clean up.

VOLUNTEER CHECK-IN

3 Volunteers

Time Commitment: 5:30 – 8:30am

Check-in volunteers and direct to their designated areas depending on volunteer position. Close down and clean-up check-in area.



VEHICLE DRIVERS (VEHICLES PROVIDED)

4 Volunteers

Time Commitment: 6:00 – 11:00am

Transport water station volunteers and course monitors to drop off points on the course. Monitor the course during the race. Pick-up and transport volunteers after runners have passed back to the start area. *This position requires meeting with the volunteer coordinator 1-2 times prior to race day to become acquainted with the course, volunteer delivery and pick-up routes. Must be a Swedish Medical Center employee and have a valid Washington State driver's license.*

REGISTRATION

40 Volunteers

Time Commitment: 5:45 – 8:30am

Register race participants, distribute packets, T-shirts, runner numbers, etc. Tear-down and clean up the registration area.

FINISH LINE

20 Volunteers

Time Commitment: 7:45 – 11:00am

Collect the timing chips from runners after they cross the finish line. 4 Volunteers will serve as information helpers for race participants. Tear down and clean up of the finish area.

INFORMATION ASSISTANCE

4 Volunteers

Time Commitment: 6:30 - 10:00am

Serve as information helpers for race participants, give directions to all areas of race registration, donations, start line, water, etc.

Notification of position with more details will be sent in early July.



SummerRun & Walk Volunteer Sign-up sheet – Please return by July 5, 2011
 If you need additional information or have any questions, please call (206) 215-6700.

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail address: _____

Volunteer Association: _____

Special Needs or comments: _____

After reading the volunteer job descriptions, please mark your 1st and 2nd choice

Description	Volunteers Needed	Time Commitment	1st Choice	2nd Choice
Course Monitor	100	6:30 – 11:00am	<input type="checkbox"/>	<input type="checkbox"/>
Water Station	15	6:40 – 11:00am	<input type="checkbox"/>	<input type="checkbox"/>
Post-Event Area	12	7:00 – 11:00am	<input type="checkbox"/>	<input type="checkbox"/>
Volunteer Check-In	3	5:30 – 8:30am	<input type="checkbox"/>	<input type="checkbox"/>
Vehicle Driver	4	6:00 – 11:00am	<input type="checkbox"/>	<input type="checkbox"/>
Registration	40	5:45 – 8:30am	<input type="checkbox"/>	<input type="checkbox"/>
Finish Line	20	7:45 – 11:00am	<input type="checkbox"/>	<input type="checkbox"/>
Information Asst	4	6:30 - 10:00am	<input type="checkbox"/>	<input type="checkbox"/>

Please return to: Volunteer Coordinator, Swedish Medical Center Foundation
 747 Broadway
 Seattle, WA 98122

Fax: (206) 386-2765 or Email: summerun@swedish.org

